



Sumner on Ridgewood

INDEPENDENT LIVING
OCTOBER 2010 ACTIVITY NOTABLE NOTES



On Friday, October 1, the **Sing-A-Long with Jennifer** that had been scheduled for Wednesday, September 29, will take place at 7:00 pm in the Great Hall. If you haven't attended recently, you should know that we are using a keyboard so that the songs will be transposed into a key that is easier to sing. We are also projecting the words onto a screen so that you don't have to fuss with unwieldy song sheets. So, if you haven't joined us recently, stop in and check out the **new and improved Sing-A-Long**.

Monday, October 4 will be a busy day. First, from 9:00 am to 10:00 am, a **new Line Dancing class** is starting. Instructor Sally Smith is a friend of resident Bonnie Lyon. She will teach an hour class twice a month on the first and third Mondays from 9:00 am to 10:00 am. On Wednesdays and Fridays, the Line Dancing class will continue to be taught by resident Bonnie Lyon and will only last a half-hour, from 9:30 am to 10:00 am.

The **Flu Vaccine** will be given that day in the Gathering Room from 10:00 am until 12:00 noon. If you have questions about the Flu Vaccine Clinic, please call Lori DeLuca at x1371.

The **Annual Volunteer Appreciation Dinner** will be held that evening at 5:00 pm in the Great Hall. Speakers from the Louise Sumner Board, Shirley Wagner and Gretchen Laatsch, will present a brief and interesting history of Sumner Home and will talk about the LSB Century Park Project. Please remember to RSVP when you get your invitations for this event.

Don't forget to **sign up for the podiatrist** who will be in the Beauty Salon on Tuesday, October 5. Call the concierge at *1315 to book your appointment.

Metro Parks Fall Hiking Spree will continue every Thursday in October. We leave SOR at 10:00 am for various trails. Please remember to sign up if you aren't a regular so you don't get left behind.

Friday, October 8 will mark our eighth anniversary on this campus and the **99th anniversary year** for Sumner Home. Hold onto your hats! We will celebrate with a **gala event in the Great Hall** after dinner at 7:00 pm. The 16-piece Northeast Ohio Jazz Orchestra will play. There will be hors d'oeuvres and both alcoholic and nonalcoholic punch. **Dancers Frank and Angela** will hit the dance floor to demonstrate some ballroom dancers, and residents are also welcome to trip the light fantastic. This is just a warm-up for the Centennial Gala that is being planned for next year. Due to this event, line dancing and exercise will be held in the Art Studio that Friday.

The **Ridgewood Visitors** will visit the Health Care Buildings on Monday, October 11. Be ready to go at 9:45 am. Call Helen Jenkins if you have any questions about this group.

There will be a **Mini Monday** program on Monday, October 11 at 7:00 pm in the Great Hall. The speaker will be **David Ames, an expert in martial arts including Karate, Ju Jitsu and Tai Chi, and son of residents Mal and Sue Ames**. David will speak about and demonstrate the benefits of the study of martial arts. He owns and operates the KwanMuZen DoKai Martial Arts Academy.

Tom Miller will host the monthly **Coffee and Crew** Tuesday, October 12 at 3:30 pm. in the Great Hall.

The monthly **Library Tea** will take place on Thursday, October 14 from 2:00 pm to 4:00 pm in the Manor House Library. Come, socialize and find out what new books are on the shelves.

The October **Wine and Cheese Social** will be held on Friday, October 15 from 4:30 pm to 6:00 pm in the Gathering Room.

There will be a bus to the **Akron Symphony** for ticket holders on Saturday, October 16. The bus will leave SOR at 7:15 pm for EJ Thomas Hall.

SOR will host a **new resident mixer for Mary Weaver** on Tuesday, October 19 at 3:00 pm. Mary has been a resident for a little while now but has never had a formal mixer to introduce her to the Sumner residents. We intend to remedy this situation, so drop by and say hello.

Copley Township will hold its **township meeting for the Copley Community** at Sumner on Ridgewood on Wednesday, October 20 at 6:00 pm in the Great Hall. All residents of Sumner on Ridgewood are invited to attend this meeting. So, if you have an interest in township politics or business, or if you are just curious about how a township meeting is conducted, eat dinner a little early and attend the meeting in the Great Hall at 6:00 pm. Dessert and coffee will be served.

The **Akron-Summit County Public Library Bookmobile** will be at Sumner on Thursday, October 21 from 9:00 am to 9:45 am in the Garden Apartment first floor lobby. Stop down and check out the new and large print books and movies. They bring a great selection.

That afternoon the **Greeting Card class** will meet at 2:00 in the Activity Room in the Manor House. If you are interested in the class, sign up at the concierge desk so that the teacher knows how much material to prepare. Bring your \$2 fee for materials to class and make a couple of beautiful handmade greeting cards to mail to friends and family. Call Sue Augustine at *1278 if you have questions.

A trip is planned to have **lunch at Mrs. Yoder's Kitchen** in Mt. Hope and to drive through Amish country on Monday, October 25. The bus will leave SOR at 11:00 am. Bring money for lunch. We may stop at a couple of other places, depending on the weather. Be sure to call the concierge to reserve a seat on the bus. These trips usually fill up fast.

The October **Residents' Association meeting** will take place on Tuesday, October 26 at 10:00 am in the Great Hall.

Many of you who have entered the yearly AOPHA Art and Writing Show have asked about AOPHA and what it is. Well, on Wednesday, October 27 at 2:00 pm in the Great Hall, you'll have a chance to find out when we have a **speaker scheduled who will talk about the AOPHA organization of which Sumner is a member**, what it does for us as older Ohioans, and what the acronym "AOPHA" stands for. The Residents' Association is inviting officers of neighboring AOPHA members to the presentation. So, come, be enlightened, and, possibly, meet some residents from neighboring not-for-profit retirement communities.

Simply Silver, the jewelry boutique, will be set up in the Gathering Room on Wednesday, October 27 and Thursday, October 28 from 10:00 am to 4:00 pm. Plan to buy gift items for Christmas. Peg has been to New York and has many new, lovely items for sale.

Put Thursday, October 28 at 4:00 pm on your calendar for **Happy Hour Bingo** in the Great Hall. It's \$1 per card to play. Please bring correct change.

The **ROMEOs** will go out to breakfast on Friday, October 29 at 9:00 am. And, finally, it's time for Halloween. Join us in the Great Hall on Friday, October 29 at 2:00 pm to **vote for your favorite staff Halloween costume**. Cash awards will be given to the top three costumes.

Trick or Treat Night at SOR will be held from 6:00 pm to 8:30 pm on Saturday, October 30. **If you plan to give out treats at your door, please let Sue Augustine know so that she can make out a list for the children.** **If you plan to bring children, please call the concierge at x1315 and sign them up.** **Children should begin the evening at 6:00 pm in the Health Center. They will then be driven in the bus to the Garden Apartments and to any villas who will be giving out candy. Please let Sue know if you plan to give out candy.** As always, cider and donuts will be served to residents, children and their families from 6:00 pm to 8:30 pm in the Deli.