

LEGEND:  
 GA Garden Apt. Lobby  
 \*\* Meet at Garden Apartment  
 Courtyard  
 # Pre-sign up necessary for  
 event. Call Concierge at  
 330-664-1315  
 GH -Great Hall  
 ACT-Activity Room, 2nd  
 Floor, Manor House  
 MED-Meditation Room

BS Beauty Salon  
 TR Terrace Restaurant  
 EL-2nd Floor Elevator  
 Lobby of Garden Apts.  
 AS-Art Studio  
 CR-Card Room, 3rd  
 floor of Garden  
 Apartments  
 3EL-3rd Fl EL Lobby  
 D-Deli, Manor House  
 WO-Wellness Office

# October 2010

## Manor House

Market Shop Hours:  
 \*Mon.-Fri\*  
 11:00 a.m.-1:00 p.m.

Sun

Mon

Tue

Wed

Thu

Fri

Sat

| Sun  | Mon   | Tue   | Wed  | Thu  | Fri   | Sat   |
|--|---|---|--|--|---|---|
| <p><u>Blood Pressure Screens</u><br/>           are offered every Tuesday from 10AM-12:00 noon</p>   | <p>Resident's Complimentary<br/>           Continental Breakfast<br/>           In the Deli<br/>           Monday-Thursday<br/>           8:30-10:00 a.m.</p>   | <p>BOOKMOBILE at SOR<br/> <b>October 21</b><br/> <b>9:00-9:45 am.</b><br/> <b>First Floor Lobby of the</b><br/> <b>Garden Apartments</b></p>  | <p><u>Wii Games</u><br/>           Thurs, Oct. 7-3:00pm<br/>           Fri. Oct. 22-3:00pm</p>   | <p>MASSAGE THERAPY<br/>           Please call MERLE LYNN at<br/>           330-666-9064 to book an<br/>           appointment. <u>Available Mondays</u><br/> <u>in the Beauty Salon. Other days</u><br/> <u>available upon request.</u></p>                    | <p>1 9:30 Line Dancing-GH<br/>           10:00 Stretch/Exercise- GH<br/>           10:45 Armchair Exercise-GH<br/>           7:00 Sing-a-long with Jennifer<br/>           In Great Hall</p>  | <p>2<br/>           3:45 Catholic Mass with<br/>           Rev. Yahner-MED<br/>           7:00 Channel 12 Movie<br/> <i>Good Night and Good Luck</i></p>  |
| <p>3<br/>           4:00 Nondenominational Vesper Service,<br/>           MED—Rev. Tim Feather</p>   | <p>4 9:00 Line Dancing with Sally-GH<br/>           10:00 Stretch/Exercise-GH<br/>           10:00-Noon FLU VACCINE-GR<br/>           10:45 Armchair Exercise-GH<br/>           1:00 Mah Jong-EL 2:00 Bingo-CR<br/>           3:00 Knitting Group-ACT<br/>           5:00 Volunteer Dinner-GH</p> | <p>5 9-11:00 Water Exercise<br/>           10-12:00 BP Screens-WO<br/>           1:00 Watercolor Class-AS<br/>           1-3:00 Podiatrist-BS<br/>           1:30 Update Meeting-Pub<br/>           7:00 Bridge-TR</p>        | <p>6 10:30 SHOPPING***<br/>           10:00 Stretch/Ex-GH<br/>           10:45 Armchair Exercise-GH<br/>           1:00 Bridge-CR<br/>           1:30 Res.Act. Committee-ACT</p>   | <p>7 9:00 Water Walking<br/>           10:00 Water Exercise<br/>           10:00 MetroPark Hikes***<br/>           10-2:00 Watermedia-ACT<br/>           3:00 Wii Games-Pub</p>  | <p>8 9:30 Line Dancing-GH<br/>           10:00 Stretch/Exercise- GH<br/>           10:45 Armchair Exercise-GH<br/>           7:00 Annual Gala/ GH<br/>           N.E. Ohio Jazz Orchestra and<br/>           Dancers Frank and Angela</p>   | <p>9<br/>           3:45 Catholic Mass with<br/>           Rev. Yahner-MED<br/>           7:00 Channel 12 Movie<br/> <i>Coco Chanel</i></p>   |
| <p>10<br/>           4:00 Nondenominational Vesper Service,<br/>           MED—Rev. Becki Verbridge</p>  | <p>11 10:00 Stretch/Exercise-GH<br/>           10:00 Ridgewood Visitors<br/>           11:00 Culinary Committee-TR<br/>           1:00 Mah Jong-EL<br/>           3:00 Knitting Group-ACT<br/>           7:00 Mini-Monday: Martial Arts with<br/>           David Ames-GH</p>                     | <p>12 10:00 Water Exercise<br/>           10-12:00 BP Screens-WO<br/>           1:00 Watercolor Class- AS<br/> <b>3:30 Coffee &amp; Crew-GH</b><br/>           7:00 Bridge-TR</p>   | <p>13 10:30 SHOPPING***<br/>           10:00 Stretch/Ex-GH<br/>           10:00 Res. Ex. Board-AS<br/>           10:45 Armchair Exercise-GH<br/>           1:00 Bridge-CR</p>  | <p>14 9:00 Water Walking<br/>           10:00 Water Exercise<br/>           10:00 MetroPark Hikes***<br/>           10-2:00 Watermedia-ACT<br/>           2-4:00 Library Tea-Lib.</p>  | <p>15 9:30 Line Dancing-GH<br/>           10:00 Stretch/Exercise-GH<br/>           10:45 Armchair Exercise-GH<br/>           4:30 Wine &amp; Cheese Social-GH<br/>           7:00 Game Night with Alma, CR</p>  | <p>16 3:45 Catholic Mass with<br/>           Rev. Yahner-MED<br/>           7:00 Channel 12 Movie<br/> <i>Jane Austen Book Club</i><br/>           7:15 Bus to Akron Symphony***</p>  |
| <p>17<br/>           4:00 Nondenominational Vesper Service,<br/>           MED— Rev. Max Mc Kanna</p>  | <p>18 9:00 Line Dancing with Sally-GH<br/>           10:00 Stretch/Exercise-GH<br/>           10:45 Armchair Exercise-GH<br/>           1:00 Mah Jong-EL<br/>           2:00 Bingo-CR<br/>           3:00 Knitting Group-ACT<br/>           3:00 Res. Marketing Committee-Deli</p>                | <p>19 9-11:00 Water Exercise<br/>           10-12:00 BP Screens-WO<br/>           1:00 Watercolor Class-AS<br/>           1:30 Update Meeting-Pub<br/>           3:00 Welcome Mixer/ Weaver<br/>           7:00 Bridge-TR</p> | <p>20 10:30 SHOPPING***<br/>           10:00 Stretch/Ex-GH<br/>           10:00 Marketshoppe Meeting-TR<br/>           10:45 Armchair Exercise-GH<br/>           1:00 Bridge-CR<br/>           6:00 Copley Township meet-<br/>           ing in Great Hall</p> | <p>21 9-9:45 Bookmobile-GA<br/>           9:00 Water Walking<br/>           10:00 Water Exercise<br/>           10:00 MetroPark Hikes***<br/>           10:00 Watermedia Class-ACT<br/>           2:00 Greeting Card Class-AS</p>                              | <p>22 9:30 Line Dancing-GH<br/>           10:00 Stretch/Exercise- GH<br/>           10:45 Armchair Exercise-GH<br/>           3:00 Wii Games-Pub<br/>           7:00 Game Night with Alma, CR</p>   | <p>23<br/>           3:45 Catholic Mass with<br/>           Rev. Yahner-MED<br/>           7:00 Channel 12 Movie<br/> <i>Man of the Year</i></p>  |
| <p>24<br/>           4:00 Nondenominational<br/>           Vesper Service, MED.<br/>           Rev. Amy Redwine</p> <p>31<br/>           Nondenominational<br/>           Vesper Service, MED.<br/>           Rev. Becki Verbridge</p> | <p>25 10:00 Stretch/Exercise-GH<br/>           10:45 Armchair Exercise-GH<br/>           11:00 Trip to Amish Country/<br/>           Mrs. Yoder's Kitchen***<br/>           1:00 Mah jong- EL<br/>           3:00 Knitting Group-ACT</p>  | <p>26 10:00 Residents Meeting<br/>           10-12:00 BP Screens-WO<br/>           12-3:00 Water Exercise<br/>           1:00 Watercolor Class- AS<br/>           7:00 Bridge-TR</p>  | <p>27 Simply Silver Sale-GR<br/>           10:00am-4:00pm<br/>           10:30 SHOPPING***<br/>           10:00 Stretch/Ex-GH<br/>           10:45 Armchair Exercise-GH<br/>           1:00 Bridge-CR<br/>           2:00 What is AOPHA?-GH</p>                | <p>28 Simply Silver Sale-GR<br/>           10:00am-4:00pm<br/>           9:00 Water Walking<br/>           10:00 Water Exercise<br/>           10:00 MetroPark Hikes***<br/>           3:00 Resident Book Club-ACT<br/>           4:00 Happy Hour Bingo-GH</p> | <p>29 9:00 ROMEO Breakfast***<br/>           9:30 Line Dancing-GH<br/>           10:00 Stretch/Exercise- GH<br/>           10:45 Armchair Exercise-GH<br/>           2:00 Staff Costume Contest<br/>           In Great Hall. Come &amp; Vote!<br/>           7:00 Game Night with Alma, CR</p> | <p>30 SOR TRICK OR TREAT NIGHT<br/>           Cider &amp; Donuts in the Deli<br/>           6:30-8:00 pm<br/>           Sign up sheets for staff &amp; resident treaters<br/>           3:45 Catholic Mass with<br/>           Rev. Yahner-MED<br/>           7:00 Channel 12 Movie<br/> <i>Mona Lisa Smile</i></p> |